



Ageless Wisdom University

Non -profit Tax Exempt

"Bridging Spirituality and Science with the Practical Wisdom of the Heart."

© 2005 Ageless Wisdom University — Dr. Ribhi M. Kalla

Spirituality And Holistic Healing In Medicine

*Spiritual A.A. Program For Medical Holistic
Healer*

Continuing Education Program

Catalog - B 2005

"Since 1990, the Ageless Wisdom University has established a credible track record of success. This success is evidenced by student's testimonies which are based on experiments, theory, investigation, observation and practice."

— Dr. Ribhi M. Kalla
President, Dean, and Spiritual Teacher

7924 East Sweetwater Avenue
Scottsdale, Arizona 85260

Phone: (480) 951-4348
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Web: www.awisdom.net

**See General Catalog for Higher Spiritual Degrees And Non Degree
Programs in Spiritual Enlightenment And Holistic Healing**

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INTRODUCTION

Dean and Spiritual Teacher



Dr. Ribhi M. Kalla is founder, dean, president and spiritual teacher of the Ageless Wisdom Seminary/University. Additionally, he has given hundreds of lectures and seminars on the Ageless Wisdom Teaching. He conducts classes, spiritual retreats and serves as a spiritual counselor.

He earned his Ph.D. and Th.D. from the International Institute of Theology. He has a D.D. and is an ordained Senior Minister of the Ageless Wisdom Seminary/University. He was also ordained by the World Congregational Fellowship Church.

His B.S. is in Mechanical Aerospace Engineering from the Illinois Institute of Technology. Dr. Kalla held leadership positions for several high tech firms in the United States. His expertise in engineering includes inventing innovative robotics and industrial systems.

Dr. Kalla continues as an avid student and teacher of spiritual healing wisdom. Today he keeps his healing education current by attending courses, such as **Spirituality and Healing in Medicine given by Harvard Medical School and the University of Arizona in Tucson. He is member of American Holistic Nurses' Association (AHNA) of Flagstaff, Arizona.** This gives him an insight on how to integrate The Ageless Wisdom Advance Holistic Healing Teaching with current medical and healing practices to better serve humanity.

Ageless Wisdom University



7924 E. Sweetwater Avenue
Scottsdale, AZ 85260

[Rev. Torkom Saraydarian, Ph.D., Honorary Dean of Ageless Wisdom Seminary/University.](#)

[Other staff teachers are in service.](#)

AWU and Dr. Ribhi M. Kalla Professional Memberships and Affiliations

American Holistic Nurses' Association (AHNA)

Arizona Homeopathic and Integrative Medical Association (AHIMA)

P.O. Box 38184

Phoenix, AZ 85069-8184

(602) 263-3589

Institute of Noetic Sciences

475 Gate Five Road Suite 300

Sausalito, CA 94965

(415) 331-5650

AWU is a science and theology center serving the community.



AMERICAN
*Holistic
Nurses*
ASSOCIATION

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86003-2130

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Flagstaff, AZ 86004

(800) 278-2462
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www.ahna.org
info@ahna.org

the
Heart of nursing
the
Science
of holism

July 27, 2005

Dear Dr. Ribhi M. Kalla,

Congratulations! The Education Approver Committee (EAC) of the American Holistic Nurses' Association (AHNA) is pleased to inform you that your education program:

Spiritual Program for Medical Holistic Healer (# 387)

is approved for **432 contact hours**. Use this program number in all future communication with the AHNA regarding your education program.

Use the statement, "***This continuing nursing education activity was approved by the American Holistic Nurses' Association, an accredited Approver by the American Nurses Credentialing Center's Commission on Accreditation***". Please use the terms "***contact hours***" and "***continuing nursing education***", and not the term CEU, in advertisements, flyers and brochures.

Education activities are approved for a two-year period from the date of this letter. Please contact the AHNA for renewal procedures 2 months prior to expiry date. **AHNA does not send out renewal notices.**

You are responsible for adherence to the following AHNA policies:

- **commercial support**
- **vested interest**
- **approval criteria statement**
- **records maintenance**
- **requested reports**

These policies are outlined in the Approval Application and Application Guidelines

Reports for your program will be due on:

- **November 30, 2005** (A CE activity report)
- **February 15, 2006** (An annual report)
- **February 15, 2007** (An annual report)

Any variance in this program, such as a change in the number of hours, administrator, faculty, presenter, objectives, content, etc., must be submitted to the AHNA Education Approval Committee for review and approval, as this would constitute a major change.

AHNA lists approved programs on our web site, www.AHNA.org. Contact Rebecca (Becky) Lara, AHNA Communications and Marketing Administrator, at 1-800-278-2462, ext. 13 or communications@ahna.org for more information.

Sincerely,

Angela Krupica BS

AHNA Education Administrator, education@ahna.org 1-800-278-2462, ext. 11

Spiritual Holistic Healing in Medicine - Continuing Education

Dr Ribhi M. Kalla and the Ageless Wisdom University provide continuing education in esoteric spiritual science and integrated modern holistic healing medicine. This incorporates spiritual, useful tools to protect doctors, nurses and healthcare providers within their service environment.

American Nephrology Nurses' Association (ANNA) continuing education has approved the educational services of Dr. Ribhi M. Kalla and the Ageless Wisdom University and obtained approval of accreditation from **Continuing Education Approval Board (CEAB) for 2.4 continuing education hours.**

Partial curriculum offered:

1. The participants will draw conclusions from research results exploring the relationship between spirituality as it relates to healing in medicine.
2. Describe the etheric body and the relationship to the physical body.
3. Discuss the awakening of the divine Chakras (7) and their relationship with the endocrine glands (7).
4. Discuss the incidence of human diseases resulting from the misuse of the emotional and mental vehicles, which affects the etheric body and causes disharmony in the physical body.
5. Describe how to awaken the Physician within us, the Healer. It is the Soul.
6. Discuss how we can develop a protective shield in the healthcare environment.



Dr. Ribhi M. Kalla at a recent ANNA continuing education course

ANNA

Established in 1969

American Nephrology Nurses' Association

Desert Vista Chapter #501

Frances N. Allen-Hunter, RN, BSN, CNN
President-Elect
Desert Vista Chapter #501
51815 W. Papago Road
Maricopa, AZ 85239

April 28, 2002

Dr. Ribhi M. Kalla, Ph.D., Th.D., D.D.
Ageless Wisdom Seminary/University
7924 East Sweetwater Avenue
Scottsdale, AZ 85260

Dear Dr. Kalla:

As representative of the officers of our Desert Vista Chapter of ANNA, I would like to thank you for agreeing to do the presentation "Beginning the Journey of Esoteric Spiritual Science and Integrated Modern Holistic Healing Medicine Incorporating Spiritual Useful Tools to Protect the Healthcare Provider: Part I of VII to be given quarterly on Esoteric Healing Science". The first presentation is scheduled for May 2, 2002. We are planning to have registration and a buffet from 5:30 to 6:30PM, and the presentation to follow for two hours, followed by a question and answer period. I am happy to inform you that this educational activity has been reviewed by the ANNA Continuing Education Approval Board (CEAB), and has been approved for 2.4 contact hours.

We are also appreciative of your suggestion to do a spiritual retreat for nurses in the future, and are anxious to work with you on the plans.

It has been a pleasure making preparations with you for this upcoming presentation, and we are looking forward to the months ahead.

I would also like to thank you so much for your gracious and generous offer to utilize the university for your presentation, as well as future Desert Vista Chapter meetings and/or presentations. It would certainly save the chapter considerably in expenses for room/facility rentals, and it would provide a lovely, peaceful environment conducive to working together.

Respectfully yours,



Frances N. Allen-Hunter, RN, BSN, CNN



LONE TREE CAMPUS 2800 S LONE TREE RD FLAGSTAFF AZ 86001-2701

May 19, 2003

Dr. Ribhi M. Kalla, Ph.D.
Ageless Wisdom University
7924 East Sweetwater Avenue
Scottsdale, AZ 85260

Re: Communication Presentation at Coconino Community College Lone Tree Campus

FLAGSTAFF

Dear Dr. Kalla,

GRAND CANYON

Thank you for your wonderful presentation on "Speak From The Heart," given to my class on May 16th, 2003; it was par excellence, and enhanced the speaking skills of the students. The students especially liked receiving your "Speech Outline" and "Virtue Exercise" handouts, which they can practice in class and at home. During the Q & A portion of your presentation, the students thoroughly enjoyed finding out more about your interesting life, your observations, and your service to others. The evaluations of your talk were overwhelmingly favorable.

PAGE

WILLIAMS

Dr. Kalla, since your first and second presentations were so successful, I am happy to extend an invitation to you to come back for future presentations for my Fundamentals of Speech Communication class. I have made plans for you to be a guest speaker starting this summer, 2003, and I have scheduled you for June 12th, 2003, in room 457, from 2:30 p.m.-3:55 p.m., which will be my last speech class scheduled for this summer, but I will send you the speaking dates for the Fall semester, 2003, to confirm.

Again, thank you for an outstanding presentation, and for taking the time out from your busy schedule. Also, I extend my thanks to your assistant--Angela, for her service to my class.

ARTS & SCIENCE

DEAN

FINE ARTS & LANGUAGES

LIBERAL STUDIES

MATH & SCIENCE

SOCIAL & EDUCATION SCIENCE

Sincerely,

Dee Jackson
Associate Professor
527-1222, Ext. 5432
edna.jackson@coconino.edu or
jdeelaw@aol

TEL 928.226.4000 FAX 928.226.4114

AWU GENERAL INFORMATION

Ageless Wisdom University Vision and Purpose

Ageless Wisdom University (AWU) is dedicated to exploring advanced alternative spiritual healing wisdom.

Our purpose is to guide each student toward spiritual development, encourage them to find their own vision and purpose in life, and to evoke their inner beauty.

We seek to provide a path to higher holistic spiritual healing. Our intent is to prepare each student to serve as a treasure of our Nation through inspiration and creativity.

How This Is Accomplished

By creating projects and classes for spiritual growth that strive to inspire love, compassion, virtue and healing by assimilating and living the Teaching.

AWU teaches spiritual values, human virtues, right human relations, goodwill, inclusiveness and respect for life. We teach the value and dignity of the human being. We teach the collective wisdom of Humanity, the treasury of the human soul. We teach about the lives of the great ones, such as Christ, Mary, Buddha, Mohammed, Moses and Krishna. These and other Masters are our guides for the path of holiness that leads to perfection.

--RK --

Accreditation

AWU is self-accredited through the seminary. It is a spiritual accreditation of the Ageless Wisdom Teaching. It is sanctioned and directed by the wisdom offered by the Hierarchy and God. It is by these standards that capability and performance is measured. AWU bases its accreditation on spiritual, ethical, values and ideals, which it holds to be eternal. AWU is a seminary of theology. It has applied for authorization to operate as an institution of higher learning in the field of religion. It confers diplomas and degrees as determined by the 'exempt' statutes granted by the post secondary Board of Education for the State of Arizona. It is also in the process of applying to the Associations of Theology of Schools and Colleges in the U.S. for nationally recognized accreditation.

Ageless Wisdom University Continuing Education Spiritual Program for Medical Holistic Healer (#387) is approved as part of 432 contact hours. "This continuing nursing education activity was approved by the American Holistic Nurses' Association, an accredited Approver by the American Nurses Credentialing Center's Commission on Accreditation".

Need More Information?

If you have any further questions in regard to the degree and non-degree programs or any services offered that have not

been covered in this catalog, please write the Office of Registrar for assistance:

Ageless Wisdom University
7924 East Sweetwater Avenue
Scottsdale, Arizona 85260
Phone: (480) 951-4348, Fax: (480) 951-5341
Email: drkalla@awisdom.net
Web: www.awisdom.net

Incorporation

Ageless Wisdom Seminary (AWS), d/b/a Ageless Wisdom University (AWU) is incorporated under the laws of the State of Arizona. It was established in the year 1990 as a non-profit corporation.

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First Printing
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AWU, AWS reserve the right to make necessary changes in the brochure and its schedules, including the right to change fees, admission requirements and graduation requirements. Such changes become effective at the time they are determined and apply to prospective students. Such changes, with exception of fees, shall not apply to students currently enrolled in the degree and the non-degree programs.

Spiritual Degree Programs Offered A.A., B.A., M.A., Ph.D, D.D. in the field of:

Spirituality and Holistic Healing in Medicine
Spiritual Holistic Healing
Mental/Spiritual Counseling
Spirituality in Health and Education
Ministerial Education

Students are taught to:

- ★ Consult conventional health care doctors on all issues concerning treatments and therapy
- ★ Practice healthy meditation
- ★ Develop higher holistic spiritual energies
- ★ Improve self-image and health
- ★ Improve leadership
- ★ Develop the soul and the heart
- ★ Expand mental consciousness
- ★ Develop higher intuition
- ★ Practice living ethics
- ★ Expand love, joy and success
- ★ Develop healthy relationships
- ★ Share wisdom with compassion
- ★ Inspire beauty and creativity
- ★ Serve others as a soul

AWU PROGRAMS

Non-Degree Programs

Spirituality and Holistic Healing in Medicine
Integrative Holistic Spiritual Healing Classes
Lectures, Seminars and Workshops
Group Meditation
Spiritual Retreats

Science and Spirituality

The renaissance of spirituality has entered the halls of higher education. **University of Arizona, Harvard University and other major medical schools** are giving courses on spirituality and healing in medicine, and top business schools are offering seminars on spirituality in business. **California Institute of Integral Studies, the Institute of Noetic Sciences, and the Schumacher College of England**, have developed programs of spirituality and its role in science and society.

Science is evolving a holistic way of thinking about the world. A better grasp of the worldview suggested by the latest scientific theories would give a positive impetus to the evolution of people's consciousness and would move us nearer to a more adapted path for our collective spiritual evolution.

Stephen Hawkins, Paul Davis, and other scientists have produced successful writings on this subject, some of which have become best sellers.

Recently scientists stated that; space and time are united as the dynamic background of the observable universe; matter is vanishing as a fundamental feature of reality, and is retreating before energy; and continuous fields are replacing discrete particles as the basic elements of an energy - bathed universe. Nothing is independent of any other thing. Our bodies are part of this holographic universe and our minds are part of our body. We are in touch with other minds as one consciousness.

Einstein in his general theory of relativity said "Space and time are not separate entities, but are a smoothly linked part of a larger whole called the Space and Time Continuum."

David Bohm, one of the most respected quantum physicists, said that everything in the universe is part of a continuum. He believes that our almost universal tendency to fragment the world and ignore the dynamic interconnectedness of all things is responsible for many of our problems, not only in science but in our lives and our society as well.

William Blake said in his famous poem that every cell in our body enfolds the entire cosmos. So does

every leaf, every raindrop and every dust mote, which gives new meaning.

To see a world in a grain of sand
And a heaven in a wild flower
Hold infinity in the palm of your hand
And eternity in an hour.
- William Blake

Fred Alan Wolf, Ph.D., author of *Taking the Quantum Leap* discovered that "the universe is one giant hologram containing both matter and consciousness as a single field of space and time."

Rev. Torkom Saraydarian, Ph.D., the Honorary Dean of the AWS/U said, "The Ageless Wisdom is not only that wisdom which is given and revealed, but it is also the sum total of the experiences, knowledge, and wisdom harnessed by humanity. The Ageless Wisdom does not belong to privileged people. Every human being can have access to it, if he or she wants to pay the price: a steady striving towards Light and Beauty."

AWU Degree Program Objectives

Dr. Ribhi M. Kalla's beliefs and experiences confirm that spirituality is an effective alternative healing tool in medicine. During the "Spirituality and Healing in Medicine" courses given by Harvard Medical school, researchers indicated that advanced spiritual development, meditation and prayer, balanced by physical exercise and proper nutrition, can be used as a therapy to assist in the healing process.

Spirituality and Holistic Healing in Medicine

The student will learn that these are some of the discoveries of our great scientists. They proved the given wisdom of our great spiritual teachers in understanding the spiritual universality of our life.

AWU continuing education program in spirituality and Holistic Healing in Medicine purpose:

The Ageless Wisdom University provides continuing education in esoteric spiritual science and integrated modern holistic healing in medicine. This incorporates spiritual program training for doctors, nurses and healthcare providers to advance in spiritual development and acquire the right qualities of healing wisdom. The student will be able to assist medical teams in hospitals, clinics, and private practices in healing the mind, the emotions, the etheric and the physical body of the patient who has chronic diseases

AWU PROGRAMS

and ailments. *The Harvard Medical School research team and the University of Arizona in Tucson, Arizona has been conducting a substantial research in the relationship between spirituality and healing in medicine.*

Harvard Medical School team discovered that the following chronic diseases and ailments can be healed by the above alternative spiritual methods including right nutrition and physical exercises.

- * Hypertension
- * Chronic Pain
- * Insomnia
- * Infertility
- * Anxiety
- * Cardiac Irregularities
- * Premenstrual Syndrome
- * Symptoms of Cancer & Aids
- * Anger and Irritation
- * Depression

AWU continuing education program in spirituality and Holistic Healing in Medicine goals:

1. An exploration of research results presented by several medical universities and institutes, as well as professors of medicine and behavioral medicine on the relationship between spirituality and healing in medicine.
2. The Holographic Etheric Energy body and the relationship to the physical body.
3. Awakening the seven chakras and their relationship to the main seven endocrine glands, and the danger of opening the chakras prematurely.
4. An exploration of why ninety percent of human diseases result from misuse of the emotional vehicle affecting the etheric body, which causes disharmony in the physical body. Five percent is caused by the mental body.
5. The importance of purification of the mind and the personality by advanced spiritual development.
6. The sources of five major diseases and their subsidiary effects.
7. The chakras active today in the majority of people and the effect on the endocrine glands.
8. The holistic spiritual healing qualities to be developed and practiced by the advanced healer.
9. Integrative spiritual healing requirements to be learned and practiced.
10. Awaken the physician in us, the Healer, the Soul, by expanding consciousness and awareness of the heart.
11. The nature of death and the higher life.
12. The Science of Meditation and mental relaxation, and the safe way to practice it.
13. The importance of spiritual retreat.
14. Near death experience, two types of comas and sequence of events of death.

15. The three exits of the soul from the physical body at death and passing to higher planes of existence.
16. The art of dying and the meaning of conscious immortality.
17. The value of cremation.
18. Develop an energy shield to protect the aura of the healer from work environments.
19. The critical need for healthy relationships for the healer.
20. Cosmic sources for healing energies.
21. Alleviate job related fatigue, stress and irritations.
22. The importance of studying with a spiritual Teacher.
23. The Science of Discipleship and Initiation.
24. The Science of Serving Humanity as a Soul Holistic Healer.
25. How spirituality and mind-body practices improve health.

Target audience

The courses at the Ageless Wisdom University provide

Continuing Education program

Spirituality and Holistic Healing in Medicine and Integrative Holistic Spiritual Healing Services

- I **Doctors**
- I **Nurses**
- I **Social Workers**
- I **Individual Servers**
- I **Counselors**
- I **Psychologists**
- I **Care Givers**
- I **Health Professionals**
- I **Bodyworkers**
- I **And All Other Interested Parties**

AWU DEGREE PROGRAMS

SPIRITUALITY AND HOLISTIC HEALING IN MEDICINE

SPIRITUAL A.A. PROGRAM FOR MEDICAL HOLISTIC HEALER

Dr. Ribhi M.Kalla is spiritual teacher for all the following weekend courses.

Associate of Arts Degree in Spirituality and Holistic Healing in Medicine can be earned by completing each part of the course offered at weekend classes and workshops:

WEEKEND CLASS FEES:

\$720 donation by check or cashier check paid to: Ageless Wisdom University

The student shall pay other costs if applicable. For example books, travel, hotel, transportation, food communication and other miscellaneous when required.

Schedules and locations:

The Ageless Wisdom University shall provide schedules and locations 3 month before weekend classes.

Registration and Payments:

Registration with payments must be submitted to the Ageless Wisdom University no later than 1 month before weekend classes. Payments shall be by checks or cashier checks in U.S. currency payable to Ageless Wisdom University.

CONTINUING EDUCATION

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Course No./Credit. Course Name

DI-460 3 cr. Holistic Healer Qualities of Beauty, Culture, Love, and Living Ethics - Kalla

Weekend Classes

DI-460 - Part 1, 1.5 credits, 15 hours of presentation and 18 contact hours.
DI-460 - Part 2, 1.5 credits, 15 hours of presentation and 18 contact hours.

DI-461 3 cr. Expanding the Healer Joy as Cosmic Healing Energies - Kalla

Weekend Classes

DI-461 - Part 1, 1.5 credits, 15 hours of presentation and 18 contact hours.
DI-461 - Part 2, 1.5 credits, 15 hours of presentation and 18 contact hours.

DI-462 6 cr. Heal the Healer through Integrative Holistic Wisdom - Kalla

Weekend Classes

DI-462 - Part 1, 2 credits, 20 hours of presentation and 24 contact hours.
DI-462 - Part 2, 2 credits, 20 hours of presentation and 24 contact hours.
DI-462 - Part 3, 2 credits, 20 hours of presentation and 24 contact hours.

DI-463 6 cr. Cosmic Energies and Rays which impact the Healer in serving the Patient - Kalla

Weekend Classes

DI-463 - Part 1, 2 credits, 20 hours of presentation and 24 contact hours.
DI-463 - Part 2, 2 credits, 20 hours of presentation and 24 contact hours.
DI-463 - Part 3, 2 credits, 20 hours of presentation and 24 contact hours.

DI-465 10 cr. The Science of Esoteric Laws of Holistic Healing in Medicine - Kalla

Weekend Classes

DI-465 - Part 1, 2 credits, 20 hours of presentation and 24 contact hours.
DI-465 - Part 2, 2 credits, 20 hours of presentation and 24 contact hours.
DI-465 - Part 3, 2 credits, 20 hours of presentation and 24 contact hours.
DI-465 - Part 4, 2 credits, 20 hours of presentation and 24 contact hours.
DI-465 - Part 5, 2 credits, 20 hours of presentation and 24 contact hours.

AWU DEGREE PROGRAMS

**DI-473 8 cr. Agni Yoga Meditation and
Mental relaxation - Kalla**

Weekend Classes

- DI-473 - Part 1, 2 credits, 20 hours of presentation and 24 contact hours.
- DI-473 - Part 2, 2 credits, 20 hours of presentation and 24 contact hours.
- DI-473 - Part 3, 2 credits, 20 hours of presentation and 24 contact hours.
- DI-473 - Part 4, 2 credits, 20 hours of presentation and 24 contact hours.

Sunday
Class starts: 11 AM - 12 noon lunch brake
12 noon - 5 PM class end.
7 AM - 11 AM
11 AM - 12 noon lunch brake
12 noon - 3 PM class end.

20 total hours of presentation.

Completion of A.A. degree program

At completion of the associate of arts degree program (A.A.) the student:
will attend 6 weekend classes or equivalent, will earn 36 credits, 360 hours of presentation and 432 contact hours.

Certificate of attendance

Certificate of attendance shall be provided to each student at the end of each weekend classes.

AWU admission procedures and other degree or non-degree programs

Students enrolled into the Spiritual A.A. degree program for Medical Holistic Healers shall request the General Catalog from AWU. Review and comply with its general policies and procedures as applicable.

Weekend class periods

For 1.5 credits, 15 hours of presentation and 18 contact hours:

Saturday
Class starts: 8 AM - 11 AM
11 AM - 12 noon lunch brake
12 noon - 5 PM class end.

Sunday
Class starts: 7 AM - 11 AM
11 AM - 12 noon lunch brake
12 noon - 3 PM class end.

15 total hours of presentation.

For 2.0 credits, 20 hours of presentation and 24 contact hours:

Friday
Class starts: 1 PM - 6 PM class end

Saturday
Class starts: 8 AM - 11 AM

AWU DEGREE PROGRAMS

Spiritual Holistic Healing Degree Program

The student can earn an Associate of Arts degree (A.A.), Bachelor of Arts (B.A.), Master of Arts (M.A.), and Doctor of Philosophy (Ph.D.) in this specialized field of service.

The Spiritual Holistic and Integrative Healing Program is based on the Ageless Wisdom Teaching. It is a science based on a number of requirements, including knowledge of the constitution of man and the nature of the various bodies, both dense and subtle. To this practical knowledge, the science of healing contributes this vital information about the energy factors:

1. The Karmic and Ray influences.
2. The Psychology and Astrology of the Soul.
3. The laws and rules fundamental to the safe and successful practice of spiritual esoteric healing.

This graduate program is an advanced program in Spiritual Healing studies. It is for the advanced student who has many years of experience. A Master's degree in Spiritual Holistic and Integrative Healing is a prerequisite for the Doctor of Philosophy.

At present there are five main groups of healers:

1. Physicians and Surgeons-orthodox and academic.
2. Psychiatrists, psychologists, and counselors.
3. Naturopath and Homeopathic Physicians and Chiropractors.
4. Mental healers, such as Christian Scientists, unity, new thought workers and bodyhealers.
5. **Trained initiates and advanced spiritual holistic healers. These healers work with the soul as the inner physician within us.**

The Ageless Wisdom University offers the student training in the fifth group of healers.

The student will be instructed in the following:

1. The Seven Rays technique of healing.
2. The laws and rules of healing.
3. The requirements for healing.
4. The original cause of disease.
5. The many diseases inherent in the soil and in the substance of our planet.
6. The many diseases that are psychological, arising from the emotional or mental bodies.
7. The need for a total and comprehensive understanding of themselves as both the spiritual holistic healer and the patient, along with the correct and safe methods of healing.

A much higher measure of spiritual perception and mental understanding is required before the system of healing education in this program becomes effective

for the student and patient. Deliberate conscious healing, with full understanding, has only occurred when the healer was an initiate of higher degree and patterned themselves upon the life and nature of the Christ, the Buddha and the Masters of Wisdom.

All higher initiates of Ageless Wisdom are Healers, though all may not heal the physical body. The reason for this is that all souls that have achieved any measure of true liberation are transmitters of spiritual energy. This automatically affects the soul body or form nature they contact.

The form nature refers to:

1. The Dense Physical Body.

2. **The Etheric Holographic Body**, which has one main objective. This is to vitalize and energize the physical body and thus integrate it into the energy body of the Earth and of the solar system. It is a web of holographic energy streams. Lines of force and light. Along these lines of energy the cosmic forces flow, as the blood flows through the veins and arteries. This constant individual human, planetary and solar-circulation of life force flows through the holographic etheric bodies of all forms. It is the basis of all manifested life and the expression of essential non-separateness of all life.

3. **The Astral or Desire Body** (the Emotional Body). It is the effect of the interplay of desire. Ninety percent (90%) of the cause of physical disease is found in the etheric and astral bodies.

4. **The Mental Body** constitutes the fourth of the series of mechanisms at the disposal of the soul. Five percent (5%) of all modern disease originates in this body which is the state of consciousness. The healer will learn how to radiate his/her soul energy, which stimulates the activity of the soul of the one to be healed. This sets the healing process in motion:

1. Radiation of his mind illumines and polarizes the Will of the patient.
2. Radiation of the astral body imposes a rhythm enabling the patient to take right action. Radiation of the vital body, working through the splenic center, aids in organizing the patient's force-body and so facilitates the work of the healer. The healer learns to work magnetically and radiate his soul force to the patient. This enables the patient to achieve with joy the right liberation from the body and easily pass through the portal of death.

Disease is caused by lack of harmony existing between the form aspect and the life aspect which we call the soul. It runs through the four kingdoms in nature, and causes conditions, which produce pain, energy congestion, corruption and death. All these conditions, however, can be regarded as purifying in their effects and must be so regarded by humanity if

AWU DEGREE PROGRAMS

the right attitude toward disease is to be assumed. These methods of healing and techniques are particular to humanity. The whole tendency of life is against disease. Disease is governed by the Law of Cause and Effect which is the Law of karma.

However, it is important to understand that the true spiritual holistic healer recognizes limitation and conditioning circumstances, plus destiny. He is aware that the healing of the physical body is not always the highest spiritual good. He does not and will not work directly with the physical body. He works entirely with the etheric body, energy centers, and the vital energies. He leaves those energies to make their impact on the physical body, according to directed intent.

Qualities of the Spiritual Healer

The true spiritual holistic healer must develop the following qualities and powers:

1. To command the spiritual will.
2. To contact and work as a soul.
3. To establish telepathic rapport.
4. To have exact knowledge and know the exact point through which relief must come to the patient.
5. To have power to reverse, reorient and exalt the consciousness of the patient.
6. To express magnetic purity and the needed radiance.
7. To direct soul energy to the necessary area.
8. To control the activity of the mechanism of the head.
9. To have power over his/her centers.
10. To employ esoteric and spiritual healing and work magnetically.
11. To work with the radiation of the soul, and practice at all times complete **harmlessness**.
12. To control the Will, work through love and be in harmony with the spirit.

The true spiritual holistic healer is a true server of humanity and life. He or she radiates the spontaneous outflow of a loving heart and an intelligent mind. His or her service is produced by the inevitable inflow of spiritual force and not by strenuous physical plane activity; it is the effect of man's being what he/she truly is a divine Son of God, and not the studied effect of his words or deeds.

Spiritual holistic healing is the highest and newest method of healing. It is a calling to man's own soul. True spiritual healing is brought about when the life of the soul can flow without any impediment or hindrance throughout every aspect of the form nature. It can then vitalize it with its potency and can also eliminate those congestions and obstructions which are such a fruitful source of disease.

COURSE DESCRIPTION

SPIRITUALITY AND HOLISTIC HEALING IN MEDICINE

SPIRITUAL A.A. PROGRAM FOR MEDICAL HOLISTIC HEALER

Associate of Arts Degree in Spirituality and Holistic Healing in Medicine:

Weekend Classes

TITLE OF CE ACTIVITY: Spiritual AA Program for Medical Holistic Healer Continuing Education for Nurses

DI-460 Holistic Healer Qualities of Beauty, Culture, Love, and Living Ethics

Part 1

18 contact hours (900 minutes)

Objectives	Content (Topics)	Time Frame	Faculty	Teaching/Learning Strategies
Upon completion of this CE activity, the participant will be able to:				
1. Describe the highest achievement of the human soul.	a. The moment of identification with the principal of inner beauty. b. Beauty manifest as Happiness, Joy and Bliss. c. Beauty at the physical, emotional, mental, Intuition and higher levels.	100 min	Ribhi M. Kalla Ph.D., D.D. Is the spiritual teacher for all content in the entire course	Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
2. Discover the vision of your purpose and make plan and goals to serve it.	a. The purpose of life on any level is the expression of inner beauty. b. Eight steps to contact with beauty. Beauty is everywhere.	120 min		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
3. Demonstrate inner beauty throughout healing services.	a. Beauty expand the consciousness. b. Beauty inspire new vision. c. Beauty release soul psychic holistic healing energy. d. Beauty regulates the secretion of glands. e. Beauty improves the assimilation of food.	100 min		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.

COURSE DESCRIPTION

Objectives	Content (Topics)	Time Frame	Faculty	Teaching/Learning Strategies
Upon completion of this CE activity, the participant will be able to:				
4. Describe Culture as the expression of beauty.	a. Culture is the manifestation of the spirit through beauty. b. Beauty harmonizes unrelated ideas in the mind. c. Beauty bring new Revelations to the healer. d. Beauty evokes Joy and Love and dispels fear. e. Beauty regulates the circulation of blood. f. The enemies of Beauty.	100 min		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
5. Describe Love as a cosmic energy and not a feeling.	a. It is the most powerful healing energy to be released from the healer to the patient. b. Express Seven holistic levels of Love. c. Eight steps on the Path of Holistic Love.	120 min		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
6. Explain the effects of the suppression of love.	a. When love is suppressed within, it causes expanding in sickness and disease. b. Love on whatever level it invokes response. c. Rejected or ignored Love energy crystallizes, and produces a hindering force causing psychological disturbance and illness.	100 min		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
7. Develop the ability to release love energy harmlessly with wisdom.	a. Love in action. b. Love has eight Phases. c. Seven steps in Love relationships.	120 min		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
8. Guide the patient into good health and balance.	a. When the holistic healer must serve the patient with a true spiritual Love. b. Their energies and forces merge.	100 min		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
9. Meditation at the end of Sunday session	Healing with Beauty Energy.	20 min		
	Evaluation	20 min		

COURSE DESCRIPTION

TITLE OF CE ACTIVITY: Spiritual AA Program for Medical Holistic Healer Continuing Education for Nurses

DI-460 HOLISTIC HEALER QUALITIES OF BEAUTY, CULTURE, LOVE, AND LIVING ETHICS

Part 2

18 contact hours (900 minutes)

Objectives Upon completion of this CE activity, the participant will be able to:	Content (Topics)	Time Frame	Faculty	Teaching/Learning Strategies
1. Describe Happiness as the sentiment related to outer conditions.	a. When favorable conditions change, happiness disappears. b. Happiness is experienced on the emotional level. c. The higher level of happiness is Joy on the highest mental level.	200 min	Ribhi M. Kalla Ph.D., D.D. Is the spiritual teacher for all content in the entire course	Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
2. Realize that the healing energy of joy never changes.	a. It is pure energy and constant and can be experienced through the problems and conflicts of live. b. Joy comes to our personality from atmic (nervanic) plane.	240 min		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
3. Explain Co-measurement.	a. Co-measurement is the ability to take consideration all those factors that are related. b. Co-measurement creates synthesis in holistic healing service. c. Co-measurement enables you to create harmonious relationships with the patients. d. Co-measurement inspire the holistic healer to be extremely careful in judgement. e. How to develop co-measurement? f. Co-measurement bring increase in Joy and success in healing the patient.	240 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
4. Coordinate your efforts toward improvement of better health and create higher qualities.	a. Four reasons why sickness and disease are increasing. b. Physical, emotional and mental healing exercises are required for the healer before serving the patient. c. Sixteen steps for holistic healing. d. The three fundamental principles of the art of holistic healing.	240 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
5. Meditation at the end of Sunday session	Healing with Joy Energy.	20 min		
	Evaluation	20 min.		

COURSE DESCRIPTION

Joy and Healing: Spiritual AA Program for Medical Holistic Healer Continuing Education for Nurses

DI-461 Expanding the Healer Joy as Cosmic Healing Energies

Part 1

18 contact hours (900 minutes)

Objectives	Content (Topics)	Time Frame	Faculty	Teaching/Learning Strategies
Upon completion of this CE activity, the participant will be able to:				
1. Explain how Joy creates a moment of unconditional love.	a. The most effective energy of the holistic healer is his/her Joy. b. Joy is the flash springing out of every victory earned by the inner self through obstacles. c. The holistic healer can develop the inner fountain of Joy and Love, which streams forth into their healing service. d. Without Love and Joy, life will disappear from the Earth. e. Joy and Love challenge the patient to strive and attain higher quality of health. f. Joy and Love give the patient purpose, vision, and hope.	240 min.	Ribhi M. Kalla Ph.D., D.D. Is the spiritual teacher for all content in the entire course	Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
2. Explain how joy expands the state of consciousness for the healer and the patient.	a. Through Joy the healer establish constructive and creative communication with the patient. b. When consciousness expands, the healer can think from cause to effect and from effect to cause.	200 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
3. Interpret Joy as a state of being for the healer.	a. No one and nothing can limit your love and sense of unity. b. How Joy is produced and generated. c. You can personally work on yourself and cultivate Joy.	160 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
4. Define the goals of the healer to apply quality of bliss to the patient.	a. In striving and coming closer to yourself, you release the energy of bliss as healing energy. b. The healer heart and healing services. c. Twelve energies of virtues of the heart.	240 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
5. Meditation at the end of Sunday session	Healing with Spiritual Energy.	20 min		
	Evaluation	20 min.		

COURSE DESCRIPTION

TITLE OF CE ACTIVITY: **Spiritual AA Program for Medical Holistic Healer Continuing Education for Nurses**

DI-461 Expanding the Healer Joy as Cosmic Healing Energies

Part 2

18 contact hours (900 minutes)

Objectives	Content (Topics)	Time Frame	Faculty	Teaching/Learning Strategies
Upon completion of this CE activity, the participant will be able to:				
1. Discover the meaning of joy.	a. Joy usually comes to holistic healer like a pleasant shock and disappears b. Joy is as state of beingness in which your consciousness is not conditioned by the thought, emotions and activities going on in your healing environment.	140 min.	Ribhi M. Kalla Ph.D., D.D. Is the spiritual teacher for all content in the entire course	Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
2. Discuss how to cultivate and increase the use of joy in healing.	a. Inspire the patient to see facts and give them vision, hope and future. b. Teach them how to over come crisis with wisdom. c. Increase their creativity and guide them to more grateful, giving and sharing. d. Help them to contact their Inner Watch and manifest Beauty.	180 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
3. Explore the relationship between love and joy as healing energies.	a. The four Laws of health. b. Love and Joy unite hearts and build bridges between the healer and the patient.	180 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
4. Practice healthy meditation techniques of Joy and healing.	a. Exercise #1 try to remember Joy for the healer and the patient. b. Exercise #2 remember an event in which you witness other's Joy. c. Exercise # 3 release accumulated Joy in your system so you regenerate your consciousness, your mind, your emotions and expand your healing qualities.	180 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
5. Practice healing exercises to increase and release Joy in the patient.	a. Create a new identity as holistic healer and shared it with the patient. b. Recharging and healing type of meditation.	180 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
6. Meditation at the end of Sunday session	Recharging and Healing meditation.	20 min		
	Evaluation	20 min.		

COURSE DESCRIPTION

TITLE OF CE ACTIVITY: Spiritual AA Program for Medical Holistic Healer Continuing Education for Nurses

DI-462 Heal the Healer through Integrative Holistic Wisdom

Part 1

24 contact hours (1200 minutes)

Objectives	Content (Topics)	Time Frame	Faculty	Teaching/Learning Strategies
Upon completion of this CE activity, the participant will be able to:				
1. Explain how to aid a patient to leave the old worn out self behind.	a. Teach the patient the science of becoming oneself. b. Face the fact about his/her past experience. c. Learn concentration and healthy meditation. d. The importance of practicing virtues and evening review.	240 min	Ribhi M. Kalla Ph.D., D.D. Is the spiritual teacher for all content in the entire course	Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
2. Maintain the self from negative emotions, habits, and illusions.	Guide the patient to detach from negative forces of emotional glamors, and crystallization of thought.	240 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
3. Discriminate from the hindrances, which keep the patient from recovery.	The importance of practicing purification and detachment from past experiences, habits, and hang-ups.	220 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
4. Practice harmlessness and detachment in providing healing services to the patient.	Guide the patient in practicing detachment and be harmless in choosing their thoughts, emotions, actions, words and detach from the past.	160 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
5. Develop a healing shield around the healer's aura.	a. The human form is made of etheric and physical body, emotional, mental and higher vehicles, and aura (the electromagnetic field). b. Disease and microbes has Physical and etheric bodies. It can penetrate the aura and enter the etheric body of the healer and create damage to the physical body. c. The science of building protective shield around the healer's aura is to study with the right teacher and learn the Wisdom of the Teaching, practice evening review, practice virtues and daily meditations. d. Learn the Science of Service as a Soul, and Serve the Soul of humanity.	300 min.		
6. Meditation at the end of Sunday session	Healing with Love Energy.	20 min		
	Evaluation	20 min.		

COURSE DESCRIPTION

TITLE OF CE ACTIVITY: **Spiritual AA Program for Medical Holistic Healer Continuing Education for Nurses**

DI-462 Heal the Healer through Integrative Holistic Wisdom

Part 2

24 contact hours (1200 minutes)

Objectives	Content (Topics)	Time Frame	Faculty	Teaching/Learning Strategies
Upon completion of this CE activity, the participant will be able to:				
1. Discuss purification from negative forces and habits.	The following areas for purification can induce healing within the healer so they can better serve their patients: <ol style="list-style-type: none"> a. physical, from negative habits b. etheric, from maya c. emotional, from glamors and hangups d. mental vehicles, from illusions and vanities 	360 min.	Ribhi M. Kalla Ph.D., D.D. Is the spiritual teacher for all content in the entire course	Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
2. Explore the principal of crisis.	The healer must know how to serve the patient by learning how to overcome obstacles and irritations from daily life.	100 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
3. Develop a higher intuition and abstract intelligence.	<ol style="list-style-type: none"> a. The importance of studying with right teacher. b. Purification of the personality from the illusion and crystallization of the mind, the emotional glamors, the negative habits and the maya of the etheric body. c. Daily meditation, practicing evening review and practice virtues and service. d. Develop the intuitive heart and the Soul qualities and use the radiation of Soul for healing the patient. 	360 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
4. Identify qualities in the healer.	<ol style="list-style-type: none"> a. Silence and solemnity. b. Detachment and harmlessness. c. Discipline and patience. d. Determination and gratitude. e. Dedication and sincerity of the healer. f. Other qualities, including courage, nobility, fearlessness, Love and compassion. 	340 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
5. Meditation at the end of Sunday session.	Healing with Gratitude Energy.	20 min		
	Evaluation	20 min.		

COURSE DESCRIPTION

TITLE OF CE ACTIVITY: Spiritual AA Program for Medical Holistic Healer Continuing Education for Nurses

DI-462 Heal the Healer through Integrative Holistic Wisdom

Part 3

24 contact hours (1200 minutes)

Objectives	Content (Topics)	Time Frame	Faculty	Teaching/Learning Strategies
Upon completion of this CE activity, the participant will be able to:				
1. Practice healing exercises.	a. Sixteen steps for healing. b. Healing process is a liberation process - you can not regenerate your vehicles as long as you identified with them.	360 min.	Ribhi M. Kalla Ph.D., D.D. Is the spiritual teacher for all content in the entire course	Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
2. Practice holistic healing science.	a. Fear and irritations are causes of illness. b. Detachment will improve and speed up the recovery of the patient.	120 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
3. Define the etheric body.	a. The etheric body is related to the whole manifested universe and is a vehicle of prana. b. The etheric body is formed by the etheric thread woven into the same shape as the physical body. c. Four layers of etheric substance form the etheric body and control the health of the physical body. d. The purity of the etheric body is essential in healing. e. The refinement of the etheric body starts from the seven main etheric chakras, which control the seven main glands.	280 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
4. Define the etheric body's relationship to the main seven endocrine glands.	a. The main seven endocrine glands and the correspondence etheric chakras Head chakra Pineal gland Ajna chakra Pituitary gland Throat chakra Thymus gland Heart chakra Thymus gland Lower chakras Solar plexus Pancreas gland Sacral Gonad gland Base of Spine Adrenal gland b. Twenty-one smaller chakras. c. Forty-nine minor chakras.	120 min.		
5. Define chakras active today in the majority of people.	a. The three chakras in supreme control today for the healer and the patient physical body. b. Without purification of the personality. c. With the purification of the personality.	100 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.

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6. Discuss the effects of the active chakras on endocrine glands.	<ul style="list-style-type: none"> a. Higher chakras when developed. b. Lower chakras of present status. c. The effects of Soul energy on healing. d. The effects of Ray energy on healing. e. The above energies affecting the endocrine glands and their supporting organs. 	180 min.		
7. Meditation at the end of Sunday session.	Healing with the Divine Self Energy.	20 min		
	Evaluation	20 min.		

COURSE DESCRIPTION

TITLE OF CE ACTIVITY: Spiritual AA Program for Medical Holistic Healer Continuing Education for Nurses

DI-463 Cosmic Energies and Rays, which impact the Healer in serving the Patient

Part 1

24 contact hours (1200 minutes)

Objectives	Content (Topics)	Time Frame	Faculty	Teaching/Learning Strategies
Upon completion of this CE activity, the participant will be able to:				
1. Discuss humanity's relationship with the cosmos.	a. Humanity is created with the spark of infinity within. b. When we develop our Essence, we give birth to the healer within us, the soul. c. Man is infinity, when we know man we know the cosmos.	280 min.	Ribhi M. Kalla Ph.D., D.D. Is the spiritual teacher for all content in the entire course	Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
2. Discover how to harmlessly guide the patient to develop the will to recovery with joy.	a. Teach them hope to reach their higher potentials b. Talk about the future and infinity c. Evoke their creativity and inner beauty. d. Guide them in meditation and serve them with Love, compassion and harmlessness	300 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
3. Discover the wisdom of love, inner beauty and joy in healing.	a. Love is happiness on physical, emotional and mental plans. b. It is Joy on the Soul levels. c. Bliss on the spiritual plane. d. Love is Love only when it is used as a whole for infinity. e. Love energy can not be developed and become deeper until it creates response. f. Only through response can it change into creative energy of healing. g. All creation is the effect of Love.	300 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
4. Evaluate how psychic attacks, spirits and mediums cause illness to the patient.	a. Cause of obsessions, possessions, and depressions. b. When the person invites psychic attacks. c. Who are the attackers. d. How drugs and alcohol use attract the attackers. e. How to heal the patient from these forces.	280 min.		
5. Meditation at the end of Sunday session.	Healing with Gratitude Energy.	20 min		
	Evaluation	20 min.		

COURSE DESCRIPTION

TITLE OF CE ACTIVITY: Spiritual AA Program for Medical Holistic Healer Continuing Education for Nurses

DI-463 Cosmic Energies and Rays, which impact the Healer in serving the Patient

Part 2

24 contact hours (1200 minutes)

Objectives	Content (Topics)	Time Frame	Faculty	Teaching/Learning Strategies
Upon completion of this CE activity, the participant will be able to:				
1. Express how to purify and expand the aura.	<ul style="list-style-type: none"> a. The aura is the combination of mental, astral, etheric and pranic substances, plus radiation emanating from solar radiation. b. The body elements form the aura of the patient. c. The health aura (the etheric splin). d. Purification and healing the aura. e. The size of the aura determine the level of the immune system in the healer and the patient. f. The healer will learn to use their electromagnetic healing energy of the aura to assist in healing the patient. 	180 min.	Ribhi M. Kalla Ph.D., D.D. Is the spiritual teacher for all content in the entire course	Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
2. Analyze the steps required to purify and repair the damaged etheric body.	<ul style="list-style-type: none"> a. The etheric body is the blue print of the Physical body. b. The relationship between the etheric body and the chakras. c. Expanding consciousness and awareness is essential in purifying and repairing the damage in the etheric body. 	160 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
3. Describe how to remove the congestion in the etheric body.	<ul style="list-style-type: none"> a. Congestion in the etheric body is the cause of disease in the physical body of the patient. b. Damage in the etheric web weaken the corresponding area of the physical body and develop tumor growths which may lead to cancer. c. Healing the congestion from the etheric body of the patient. 	60 min.		
4. Describe the characteristic and the different cosmic ray energies.	<ul style="list-style-type: none"> a. All energies and matter manifest life on our planet by seven rays. b. The characteristic of every ray. c. Every person is born and govern by five rays. d. The holistic healer must learn about his/her and the patient rays and use the right methods harmlessly in holistic healing. 	160 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
5. Describe the impact of the different cosmic ray energies on the healer and the patient.	<ul style="list-style-type: none"> a. The qualities required of the healer. b. The healer ability to make contact with the patient on many levels. c. The healer must link her soul, her heart, her brain and her hands with the patient and pour the vital magnetic work to assist in healing. d. The healer must seek to link her soul, her heart, and her mind and her auric emanation to the patient. This is the work of Soul radiation in healing the patient. 	180 min.		
6. Employ the science of healthy healing meditation.	Practice recharging and healing meditation and use it with the patient.	60 min.		

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7. Practice visualization.	Visualization mediation is advanced technique, which can be learned by the healer and share with the patient.	60 min.		
8. Develop a higher intuitive awareness for healing.	a. Some methods in developing Intuitive awareness through the use of creative visualization, meditation on symbols, parables, music and study and practice the Wisdom. b. This requires great dedication and labor.	120 min.		
9. Describe the impact of the Rays on human soul.	The seven Rays effecting seven chakras and seven glands. b. The Personality ray causes inharmony and disease at the patient. c. Karmic liabilities of the patient and the healer.	120 min.		
10. Describe the influence of soul cycles on the healer's bodies.	a. physical, b. etheric, c. emotional and mental and d. recovery of the patient	60 min.		
11. Meditation at the end of Sunday session.	Healing with Harmlessness Energy.	20 min		
	Evaluation	20 min.		

COURSE DESCRIPTION

TITLE OF CE ACTIVITY: Spiritual AA Program for Medical Holistic Healer Continuing Education for Nurses

DI-463 Cosmic Energies and Rays, which impact the Healer in serving the Patient

Part 3

24 contact hours (1200 minutes)

Objectives	Content (Topics)	Time Frame	Faculty	Teaching/Learning Strategies
Upon completion of this CE activity, the participant will be able to:				
1. Demonstrate caution regarding healing meditation.	<ul style="list-style-type: none"> a. There is a great purpose behind this creation. b. The healers who are able to contemplate upon that purpose are building bridge to it. c. The individual plan of each healer is a part of that great plan. d. Healing meditation leads the healer to universality of life. e. The Law of Karma of the cause and effect control of all relationships. 	160 min.	Ribhi M. Kalla Ph.D., D.D. Is the spiritual teacher for all content in the entire course	Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
2. Discuss how taking caution regarding healing meditation effect the karma or the law of cause and effect.	<ul style="list-style-type: none"> a. Five progressive steps for healing meditation. b. The Law of Karma creates reaction to any action of the patient. c. The Law of Karma embracing field of electromagnetic healing energies. d. The healer and the patient physical, etheric, emotional and mental nature health are controlled by the Law of Karma. e. Reincarnation is the result of the Law of Karma. 	160 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
3. Discuss the process of the soul releasing the patient's bodies at death.	<ul style="list-style-type: none"> a. The process of death and life after for the patient. b. The Three exits of the patient soul and the healer aid in passing. c. The process of death takes place when the Life thread of the soul withdraws from the heart, the spleen and the two lung centers. d. The conscious thread withdraws from the pineal gland, the head center in the etheric body, the astral body and the body of spine chakras. 	160 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.

COURSE DESCRIPTION

<p>4. Discuss the effect of the emotional/astral forces.</p>	<p>a. If the emotional body is not in healthy condition we found the following:</p> <ul style="list-style-type: none"> a. All impressions that come from outer world through the five senses are translated incorrectly, and bring forth wrong reactions and cause disease. b. All energies coming from higher levels degenerate and expand negative emotions and cause disease. c. All surrounding emotional waves enter the body and create a new agitation there and cause disease. d. The physical body is burned in the fire of negative emotions causing nervous and glandular problems. e. The mind can not think clearly and gradually become the slave of negative emotions. Psychosomatic illnesses appear bringing with them dark consequences. <p>b. The healer has to study with the right teacher the safe advanced holistic healing wisdom. Guide the patient into purifying the personality from those negative astral forces and improve her immune system and bring about health.</p>	<p>160 min.</p>		<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>
<p>5. Discuss the path of immortality.</p>	<ul style="list-style-type: none"> a. The person can be immortal only by gaining continuity of consciousness and awareness. b. If the healer does not know who she was, who she is, what she is going to be has no immortality experience. c. After death the soul move to the astral or mental plane but it might not be awoken and functioning on these planes. d. When the spirit of medium enter a body create sickness and disease. 	<p>160 min.</p>		<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>
<p>6. Explain how psychic attacks and spirit of mediums influence the patient's health.</p>	<ul style="list-style-type: none"> a. The healer invites psychic attacks when she enters into the path of spiritual unfoldment. b. Weakens her etheric, emotional and mental vehicle. c. Waste energy through excessive sex, or use of drugs or alcohol. d. Some of the attackers are low-level spirits who are earth bound, animal spirits, and dark forces. 	<p>200 min.</p>		<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>
<p>7. Discuss spiritual healing energy sources available in the patient.</p>	<ul style="list-style-type: none"> a. Spirit and the soul energies. b. The chalice and the solar Angel. c. The sumtotal of the etheric, physical, astral and mental body. d. The aura through which the energies pass. e. Expression, the result or effects. 	<p>160 min.</p>		<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>
<p>8. Meditation at the end of Sunday session.</p>	<p>Healing with Patience Energy.</p>	<p>20 min.</p>		
	<p>Evaluation</p>	<p>20 min.</p>		

COURSE DESCRIPTION

TITLE OF CE ACTIVITY: Spiritual AA Program for Medical Holistic Healer Continuing Education for Nurses

DI-465: The Science of Esoteric Laws of Holistic Healing in Medicine

Part 1

24 contact hours (1200 minutes)

Objectives	Content (Topics)	Time Frame	Faculty	Teaching/Learning Strategies
Upon completion of this CE activity, the participant will be able to:				
1. Explain the spiritual healing science.	a. All souls that achieved any measure of true Liberation. b. All disease is the result of inhibited soul life. c. The art of the healer consists in releasing the soul energy, so that its life can flow to the patient.	160 min.	Ribhi M. Kalla Ph.D., D.D. Is the spiritual teacher for all content in the entire course	Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
2. Explain the esoteric science of spiritual healing energies.	a. Healer must be magnetic in the aura and apply the hands in healing the patient. b. Healer must develop radiation of the soul in healing the patient without touching. c. The healer to be trained to know the inner stage of the thoughts or of desire of the patient.	160 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
3. Explain the karmic laws.	a. Every thing happening in the world today affects the health of the patient. b. Diagnosis of the disease on the physical body is the result of the cause from the etheric body. c. Karma means action, work, causation, and retribution for future action.	160 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
4. Discuss the rays influences.	a. There are seven rays that are governed by the second ray of Love - Wisdom. b. Every healer and patient is governed by five rays. c. The healer must learn to work through the Love aspect and not through the mental aspect in healing the patient. d. The mental is the slayer of the Real.	160 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
5. Define the psychology of the soul.	a. Causes of disease arising in the emotional - desire nature. b. Disease is an activity of the physical plane. c. The stream of life anchored in the heart determines the health of the patient. d. The energy coming from the astral, mental and Soul determine the patient health.	160 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
6. Explain the laws and rules governing the safe spiritual healing wisdom.	a. There three groups of Laws which govern the living expression and purpose of life in our solar system, planet and our health. b. Laws of nature, laws of the soul and laws of Life. c. When the building energies of the soul are active in the patient then there is health, clean interplay and right activity.	160 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.

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<p>7. Appraise the healer's successful steps in assisting holistic healing.</p>	<p>a. The Healer to develop the power to contact and work as a Soul. b. Command the spiritual will and establish telepathic rapport with the patient. c. Have exact knowledge of the cause of disease, express magnetic purity and the render radiance of the Soul. d. Utilize both esoteric holistic healing and medical methods of healing. e. Practice healing at all times harmlessness and heal through Love with wisdom and with the Law of Life.</p>	<p>160 min.</p>		<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>
<p>8. Analyze the cause of patient's disease.</p>	<p>a. From physiological cause. b. Causes emanation from group life. c. Karmic liabilities, the Karmic cause.</p>	<p>60 min.</p>		<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>
<p>9. Meditation at the end of Sunday session</p>	<p>Healing with Forgiveness Energy.</p>	<p>20 min.</p>		
	<p>Evaluation</p>	<p>20 min.</p>		

COURSE DESCRIPTION

TITLE OF CE ACTIVITY: Spiritual AA Program for Medical Holistic Healer Continuing Education for Nurses

DI-465: The Science of Esoteric Laws of Holistic Healing in Medicine

Part 2

24 contact hours (1200 minutes)

Objectives	Content (Topics)	Time Frame	Faculty	Teaching/Learning Strategies
Upon completion of this CE activity, the participant will be able to:				
1. Interpret the cause of disease.	a. Uncontrolled and ill-regulated emotions. b. Desire, inhibited or rampant. c. Disease of worry and irritation. d. In the patient astral (emotional) and the etheric bodies 90% of the causes of physical disease and troubles to be found.	160 min.	Ribhi M. Kalla Ph.D., D.D. Is the spiritual teacher for all content in the entire course	Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
2. Analyze the effect of the negative qualities of life choices.	a. 5% of all modern disease originates in the mental vehicle. b. The forces of illusions and vanities cause disease. c. Lack of harmony, between form and the life aspects. d. Worry and irritation are dangerous to the health of the patient.	200 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
3. Describe the patient's seven main energy centers (chakras) qualities.	a. Head center energy quality is the divine will. b. Ajna center energy quality is organization and direction. c. Heart center energy quality is Love - wisdom and group Love. d. Throat center energy quality is creativity. e. Solar plexus energy quality is emotional desire. f. Sacral center energy is reproduction (sex). g. Base of spine energy is harmony, union through conflict.	200 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
4. Discuss the influence of the seven main energy centers (Chakras) on the seven main glands.	a. The head center located at the very top of the head, connected with the pineal gland. Distribute the will power energy through. b. The ajna center located between the eyebrows and is found in the region of the head just above the two eyes. Connected with pituitary gland. Distribute the energy of active intelligence. c. The throat center found at the back of the neck. Connected with the thyroid gland. Distribute the intelligence aspect of the soul creativity. d. The heart center is located between the shoulder blades. Connected with the thymus gland. Distribute the energy of love with wisdom. e. The solar plexus center located well below the shoulder blades in the spine and exceedingly active. Connected with the pancreas gland. Distribute the forces of the emotional desire. f. The sacral center is located in the part of lower part of Lumbar area and is a very powerful center. Connected to the gonads gland. Distribute the sex forces and physical regeneration. g. The base of the spine center located at the vary base of the spine and support all of her centers. Connected with the adrenals gland. Distribute the energy of will power.	200 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.

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5. Prepare the healer to assist the patient in healing.	<p>a. Disease takes its rise in the activity or the non-activity of the chakras and the glands.</p> <p>b. The glands bring all parts of the physical vehicle into relation with each other; thus also relate the patient to the etheric body.</p> <p>c. The nervous system outer dynamic network/nadis of the etheric body.</p> <p>d. The etheric body must be repaired from maya (damage) to circulate prana energies to the endocrine system and cause healing in the patient.</p>	200 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
6. Explain how the healer can help the patient in healing.	<p>a. The centers can be closed, still and shut, and yet with signs of life, silent and full of deep inertia.</p> <p>b. Opening, unsealed, and faint by tinged with color; the life pulsates.</p> <p>c. Quickend, alive, alert in two directions, the two small doors are open wide.</p> <p>d. Radiant and readiness forth with vibrant notes to all related centers.</p> <p>e. Blended they are and each with each works rhythmically the vital force flows from all the planes.</p>	200 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
7. Meditation at the end of Sunday session.	Healing with Detachment Energy.	20 min.		
	Evaluation	20 min.		

COURSE DESCRIPTION

TITLE OF CE ACTIVITY: Spiritual AA Program for Medical Holistic Healer Continuing Education for Nurses

DI-465: The Science of Esoteric Laws of Holistic Healing in Medicine

Part 3

24 contact hours (1200 minutes)

Objectives	Content (Topics)	Time Frame	Faculty	Teaching/Learning Strategies
Upon completion of this CE activity, the participant will be able to:				
1. Describe disease's of humanity inherited from the past.	<ul style="list-style-type: none"> a. Disease appears where there is a lack of alignment between the soul and the form of the patient. b. Disease developed by inharmony, pain, congestion in the etheric body, corruption of the physical body then death of the patient. c. Inherited from the past of causes initiated in earlier incarnations. d. From the general racial heritage of humanity. e. From the soil. f. From the condition of the planetary life. 	160 min.	Ribhi M. Kalla Ph.D., D.D. Is the spiritual teacher for all content in the entire course	Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
2. Describe the racial and national diseases.	<ul style="list-style-type: none"> a. Cancer is partially the result of reaction to the disease connected with sex life and emotional nature of the patient. b. Tuberculosis we share with animal kingdom. c. Disease which are the result of irritation. 	160 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
3. Describe the karmic liabilities of the patient.	<ul style="list-style-type: none"> a. Planetary conditions diseases affect human, animal, Planet and mineral kingdoms causing death. b. Planetary disease brings the complete disruptions of the bodily organism and its reduction in its essential elements - chemical and mineral plus certain inorganic substances which will be absorbed into the soil of the planet itself. 	160 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
4. Examine the effect of seven rays on the patient health.	<ul style="list-style-type: none"> a. Disease from group Karma. b. Disease from self-conscious development. c. Disease related to the Life of the patient. d. The seven rays embody and express the totality of energies which circulate throughout our planetary form. e. The ray type of the soul condition determines the healing approach the healer use to heal the patient. 	160 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.

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<p>5. Describe the nature of death with joy.</p>	<p>a. There should be total silence in the sick room to help the one who is passing. She concentrates on her experiences and consciously release herself from the physical body.</p> <p>b. Arrange to have orange, red, or green light in the room to help the patient to focus her consciousness in the head between the eyebrow or at the top of the head or solar plexus or the heart center.</p> <p>c. Sound OM or Om Mani Padme Hum; by the healer at least seven times and say the following mantram: Lead us or Lord From darkness to Light From the unreal to the real From death to immortality From chaos to beauty.</p> <p>d. There should be no crying, nothing but silence, peace, love, joy, gratitude, beauty and blessing must fill the atmosphere of the room of the dying person.</p> <p>e. It is very important to meditate and read appropriate statement and anoint the person in transition with sacral oil, putting it on the head, ajna, throat and the heart centers. It will help the Soul to release the anchorage points of the enteric body and part with joy to higher planes.</p>	<p>160 min.</p>		<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>
<p>6. Define the fear of death.</p>	<p>a. A terror of the final rendering processes in the act of death itself.</p> <p>b. Horror of the unknown and indefinable.</p> <p>c. Doubt of final immortality.</p> <p>d. Unhappiness at leaving loved ones.</p> <p>e. Clinging to life form.</p> <p>f. Old erroneous teaching as to heaven and hell.</p>	<p>60 min.</p>		<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>
<p>7. Explain the purpose of death.</p>	<p>a. Through death, a great at-one-ing process is carried forward.</p> <p>b. Death is entrance into sphere of service, learning and of expression as a soul in the higher world.</p> <p>c. Death is brought about by the attainment of the objective of the soul, freedom from the great illusion of matter.</p>	<p>60 min.</p>		<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>
<p>8. Describe the art of death with joy.</p>	<p>a. The steady use of the sacred word "OM", chanted in an undertone suited to the dying patient.</p> <p>b. Accompanied by the anointing with oil.</p> <p>c. On the top of the head of the dying patient should also symbolically point toward the east. The feet and the hands should be crossed.</p> <p>d. Sandalwood incents only should be burned in the room.</p> <p>e. The healer to shield the patient with Love, Light, Joy and blessing energy to assist the soul to detach from the physical body.</p>	<p>60 min.</p>		<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>
<p>9. Examine the act of restitution.</p>	<p>a. The soul leave the physical body</p> <p>b. The etheric body, the astral and the mental body are still attached to the soul.</p> <p>c. The cessation of the heart activity and the concentration of the basic etheric focus in the region of the head or the heart, or the solar plexus has been effective and the withdrawal is already well under way.</p>	<p>60 min.</p>		<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>

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10. Evaluate the withdrawing soul from the bodies.	<p>a. The physical elemental, the integrated and coordinated life of the physical body are released from the soul.</p> <p>b. The etheric body and the seven main chakras and the minor chakras are released.</p> <p>c. The astral, the mental and higher vehicles if were developed are released from the soul.</p>	60 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
11. Discuss the importance of the cremation.	<p>a. It hastens the release of higher vehicle and soul from the etheric body in few hours, few days and longer.</p> <p>b. It brings about the purification of the astral and mental bodies which so greatly handicaps the incarnation.</p> <p>c. Eliminate human disease from the soil and the water.</p>	60 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
12. Meditation at the end of Sunday session.	Healing with Hope Energy.	20 min.		
	Evaluation	20 min.		

COURSE DESCRIPTION

TITLE OF CE ACTIVITY: Spiritual AA Program for Medical Holistic Healer Continuing Education for Nurses

DI-465: The Science of Esoteric Laws of Holistic Healing in Medicine

Part 4

24 contact hours (1200 minutes)

Objectives	Content (Topics)	Time Frame	Faculty	Teaching/Learning Strategies
Upon completion of this CE activity, the participant will be able to:				
1. Describe the sequence of events in death of the patient.	a. The soul sound forth a word of withdrawal from its own plane. b. Certain physiological events take place at the seed of disease, in connection with the heart effecting; the blood stream, the nervous system and the endocrine system.	150 min.	Ribhi M. Kalla Ph.D., D.D. Is the spiritual teacher for all content in the entire course	Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
2. Analyze the process of elimination of the body at the time of death.	a. A vibration runs along the nadis. b. A psychic tremor is established. c. The etheric body loosened and separated from all nervous systems.	150 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
3. Discuss the activities of the soul immediately after death.	a. There are three doors or orifices through which the soul of the patient passes out of the body. b. At the top of the head. c. Below the apex of the heart. d. In the solar plexus.	150 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
4. Describe the withdrawal of the soul of the patient.	a. The soul of the patient enters the seven states of the mental plane. b. It is called Deva-chan, no pain, no grief, and no sorrow. c. The soul stay there until next reincarnation.	150 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
5. Describe the new cycle of incarnation and the experience of the form by the new born.	a. The soul takes the first step toward incarnation. b. The soul sound the note of descent to the etheric plane where the etheric center start to form. c. The three lower permanent atoms radiate magnetically and form his three lower bodies.	150 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
6. Discuss the baby's soul arrival to the mother's aura before birth.	a. The spirit is connected with the embryo at the moment of conception. b. It begins to enter in the beginning of the fourth month when first nerve and brain channels are being formed. c. The formation of the vertebral column brings in the next degree of possession of the body. d. The final possession of the body takes place at the seventh year of the child's life.	150 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
7. Analyze the steps of the new baby's bodies development.	a. The etheric body of the baby is develop by the soul first with the aura. b. The physical body is developed next. c. The emotional body is the third vehicle developed. d. Then the mental and higher bodies for an advanced consciousness and awareness child.	150 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.

COURSE DESCRIPTION

<p>8. Describe how the healer can assist the mother and the new born child during pregnancy.</p>	<p>a. Offer holistic healing weekly classes to the mother. b. Teach her a healthy meditation to be practiced everyday. c. Teach her science of detachment and evening review. d. To practice the virtues instead of vices daily. e. Teach her the right nutrition, proper exercise for everyday. f. Listen 1/2 hour per day classical music and read books of wisdom. g. Stop negative habits, hangups and crystallization. h. Have green living plants indoors. i. Avoid negative news, alcohol and drugs. Have proper rest and stay creative and active physically, emotionally, mentally and spiritually.</p>	<p>150 min.</p>		<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>
<p>9. Meditation at the end of Sunday session.</p>	<p>Healing with Nobility Energy.</p>	<p>20 min.</p>		
	<p>Evaluation</p>	<p>20 min.</p>		

COURSE DESCRIPTION

TITLE OF CE ACTIVITY: Spiritual AA Program for Medical Holistic Healer Continuing Education for Nurses

DI-465: The Science of Esoteric Laws of Holistic Healing in Medicine

Part 5

24 contact hours (1200 hours)

Objectives	Content (Topics)	Time Frame	Faculty	Teaching/Learning Strategies
<p>Upon completion of this CE activity, the participant will be able to:</p>				
<p>1. Describe ten laws and six rules of spiritual holistic healing.</p>	<p><i>The ten Laws:</i></p> <ol style="list-style-type: none"> 1. All disease is the result of inhibited soul life. 2. Disease is the product of patient past her inheritance and shared with nature. 3. Disease is an effect of centralization of the patient life energy. 4. Disease, both physical and psychological, has its roots in the good, the beautiful and the true. 5. There is not but energy which is life. 6. When the soul energies are active in the bodies, health and right activity. 7. When life energy flows unimpeded then ill health disappear. 8. Disease and death are the result of two active forces; the will of the soul and the magnetic power of the planetary life. 9. Perfection call imperfection to the surface. 10. When the form served its purpose drops away and the soul stands free. <p><i>The six rules:</i></p> <ol style="list-style-type: none"> 1. The healer to be trained to know the inner stage of thought and the desire of the patient. 2. The healer must achieve magnetic purity of the aura. 3. The healer to learn to concentrate the needed healing energy within the needed energy center. 4. Holistic healer to ask the patient to obtain medical diagnosis for the disease and coordinate with the medical services. 5. The healer must learn to link her soul, her heart, and her mind to heal the patient with the radiation of the Soul. 6. The healer must keep the will in leash. It is not the will that must be used, but unconditional Love of a pure heart and developed soul. 	<p>700 min.</p>	<p>Ribhi M. Kalla Ph.D., D.D.</p> <p>Is the spiritual teacher for all content in the entire course</p>	<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>

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<p>2. Discuss seven laws of healing techniques, the seven controlling energy rays.</p>	<p>a. The seven healing techniques are:</p> <ol style="list-style-type: none"> 1. The first ray technique; employed by the healer when the patient's hour has come and release approaches. 2. The second ray technique; let the healing energy descend from the higher chakras of the healer with the two hearts revolve as one. 3. The third ray technique; the healer gathers the energies of solar plexus, throat, and the head chakras are fuse them with the heart chakras during healing. 4. The forth ray technique; the healer knows the place where dissonance is sound with patient. She also knows the power of soul in healing. 5. The fifth ray technique; the cause of disease impressed in the head chakras and fuse them with the heart chakras during healing. 6. The sixth ray technique; the healer must avoid the center of desire and bring the healing energy directly from the heart. 7. The seventh ray technique; the healing soul energy of the healer must meet the forces of disease in the patient and thus the work is done. <p>b. The seven rays have a great effect on the health of the healer and the patient through their chakras:</p> <ul style="list-style-type: none"> 1st ray control the head chakra 2nd ray control the heart chakra 5th ray control the ajna chakra 3rd ray control the throat chakra 6th ray control solar plaxus 7th ray control sacral chakra 4th ray control base of spine 	<p>240 min.</p>		<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>
<p>3. Explain the value of practicing proper meditation.</p>	<p>a. The healer essence is a bottled space and concentrated fire of Love, Light and Power.</p> <p>b. During meditation the essence pulsates, expand and release healing energy to the patient as fire of bliss.</p>	<p>120 min.</p>		<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>
<p>4. Analyze the effects of practicing proper meditation on the patients immune system.</p>	<p>a. Often effort of expanding energies meet hindrances, and obstacles built by the personality of the patient in the physical - etheric astral and mental realms weaken the body immune system and cause disease.</p> <p>b. The healer to expand the inner space of the patient with hope- healing will come to the emotional vehicle of the patient through love, service and inclusiveness.</p>	<p>100 min.</p>		<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>
<p>5. Meditation at the end of Sunday session.</p>	<p>Healing with Courage Energy.</p>	<p>20 min.</p>		
	<p>Evaluation</p>	<p>20 min.</p>		

COURSE DESCRIPTION

TITLE OF CE ACTIVITY: Spiritual AA Program for Medical Holistic Healer Continuing Education for Nurses

DI-473: Agni Yoga Meditation and Mental relaxation

Part 1

24 contact hours (1200 minutes)

Objectives	Content (Topics)	Time Frame	Faculty	Teaching/Learning Strategies
Upon completion of this CE activity, the participant will be able to:				
1. Discuss the science of healthy meditation.	<ul style="list-style-type: none"> a. It provides a powerful mental relaxation. b. Improve the quality of life and health. c. Keeps the intellect clear and focused. d. Can produce an effective therapy. e. Manifest youth, radiating beauty and vitality. f. It redirects the energy of the mind, emotions, and physical body to reveal the real self; the Soul. 	200 min.	Ribhi M. Kalla Ph.D., D.D. Is the spiritual teacher for all content in the entire course	Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
2. Describe how to provide practical and safe meditation techniques.	<ul style="list-style-type: none"> a. Meditation is the science and must be carried on in healing the patient with accuracy. b. The healer as a starter try to discipline the self in regularity, in concentration, in steps in the right direction without vanity and haste. c. During meditation the healer is in tension to the higher mental plane. The next step will be gradual descent into the lower mental plane. Then release the healing Love and Joy energy into the patient etheric body. 	240 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
3. Discuss how to practice a healthy meditation.	<ul style="list-style-type: none"> a. As a start the healer will practice meditation through creative writing. b. The next day correct it, change it and expand it. Make it a better peace of writing and continue change it until you see that it is almost impossible to add on it; thus will expand your limitation. c. Meditate on symbols and discover their meaning. These increase the patient concentration, perception and the ability to see and ponder. 	160 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
4. Describe how healthy meditation expand level of thinking.	<ul style="list-style-type: none"> a. The healer is to practice gradual effective meditation by rendering with one patient. Inspirational books. b. Open a page and read a paragraph or whole page, then try to analyze and expand in each line, or word, as far as you can. c. After doing this both record the results on paper if possible. d. Compare your notes to examine your progress from many angles. 	100 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
5. Analyze ways meditation assists to hold in the light the highest intellectual tension.	<ul style="list-style-type: none"> a. The next step which takes longer and is more joyous, is the period in which you really question your understanding of the thought expressed in relation to your own experience. b. This leads you into tremendously creative living, and reach your mind with joy living, organize it, clean it and weakened the disease and expand health. 	100 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.

COURSE DESCRIPTION

<p>6. Analyze ways meditation assists to draw out the answers to accelerate the healing process.</p>	<p>a. The healer meditate with the patient and in silence ask her to detach from all stress, the fear and the pain and visualize the beautiful blue light energy of Love is coming down through her head and healing all the bodies from disease.</p> <p>b. Concentrate this energy of Love, Joy and Blessing and release it like an arrow flying straight to disease area in the body and flood it with divine light.</p>	<p>120 min.</p>		<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>
<p>7. Define the spiritual healing requirements to be practiced by the healer.</p>	<ul style="list-style-type: none"> • a. The healer must practice healing meditation twice daily 5-10 minutes each time, once early morning and once before bad time. b. The healer need to learn the science of evening review at the end of working day. c. The healer need to practice in detachment the virtues instead of negative habits, no pity and radiate pure Love and compassion. d. Have pure thoughts and the right motives in service. e. Have a spirit of gratitude, good will, be joyful and cultivate a close friendship with nature. f. Daily contemplate a beautiful feature for yourself and for humanity. g. Practice forgiveness, health, alightment and stay away from lower psychics, mediums, and eliminate fear. h. Avoid liqueur, smoking, drugs, marijuana, overindulgence in sex. 	<p>240 min.</p>		<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>
<p>8. Meditation at the end of Sunday session.</p>	<p>Healing with Striving Energy.</p>	<p>20 min.</p>		
	<p>Evaluation</p>	<p>20 min.</p>		

COURSE DESCRIPTION

TITLE OF CE ACTIVITY: Spiritual AA Program for Medical Holistic Healer Continuing Education for Nurses

DI-473: Agni Yoga Meditation and Mental relaxation

Part 2

24 contact hours (1200 minutes)

Objectives	Content (Topics)	Time Frame	Faculty	Teaching/Learning Strategies
Upon completion of this CE activity, the participant will be able to:				
1. Describe ways in healing meditation.	a. The healer can invite the patient to share with her the recharging and healing meditation. 1. Relax the body and align three lower bodies 2. Say Lead , me o Lord Invocation 3. Visualize a sphere of pure light 4. A five pointed star in a globe of pure orange light 12 inches above the head. 5. Raise the consciousness into the light and fuse with it. 6. Feel the light penetrating the bodies and healing them. 7. Say the Great Invocation. 8. End the meditation.	160 min.	Ribhi M. Kalla Ph.D., D.D. Is the spiritual teacher for all content in the entire course	Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
2. Discuss practical rules of healing meditation.	a. The body must be relaxed and the mind will be wide awake. b. It is safer to sit on a low chair crossing the ankles and placing palms upon the knees. c. Select the right location, time and period of meditation. d. Proper breathing, sleep a minimum of 8 hours and to have food and beverages 2 hours or more before meditation. e. No drugs, alcohol, smoking and keep clean body. f. Never meditate unless 6 hours of rest after sex. g. How to end meditation.	200 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
3. Describe the proper alignment and breathing of healing meditation.	a. The physical body, the emotional body and the mental body are aligned. b. Align the bodies with the soul. c. Relax your eyebrows, the spine and any portion of the body. d. Breath in, breath out to cause a deep relaxation.	120 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
4. Explain the importance of practicing the healing mediation.	a. Healing meditation overcome anxieties, fears, worries, and doubts. b. Through meditation the mind and the physical body are brought under the control of the Soul and radiate a healing energy to the patient. c. The healing energies of life current circulate through every cell in the body of the patient and raise its frequency vibration.	200 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.

COURSE DESCRIPTION

<p>5. Discuss how the thoughts of the healer are transformed into thought forms in healing.</p>	<p>a. Meditation is performed on the mental plane in the light of the Solar Angel. b. Our aim is to expand our consciousness between the physical and the subjective worlds. c. The use of "seed thought" is essential. d. Concentrate on the form, quality, the purpose and the cause of the seed thought bring higher inspiration to the mind. e. Concentration on any level of the seven level of the mental plane if the higher will energy is developed. f. Choose Love, Joy, and Beauty as thought form and radiate the energy as healing energy to the patient.</p>	<p>200 min.</p>		<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>
<p>6. Discuss negative thoughts and emotions.</p>	<p>Negative thought and emotions and their impressions on the etheric body can be responsible for ninety-percent (90) of disease in the patient.</p>	<p>120 min.</p>		<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>
<p>7. Demonstrate how to guide the patient through safe meditation.</p>	<p>a. The healer can teach the patient some healing meditation to be practiced daily. b. Give her short list of virtues to practice on daily in the way she choose her words, emotions, thought and actions. c. Guide her in practicing evening review with detachment. d. Listen daily for thirty minutes a selected classical music. e. Take periodic spiritual retreats in nature and enjoy beauty. f. Read selected books written by very advanced creative writers. g. Light candles and sandalwood incense periodically.</p>	<p>160 min.</p>		<p>Lecture, handout, workshop. Including discussions, group exercises and exchange of information.</p>
<p>8. Meditation at the end of Sunday session.</p>	<p>Healing with Creativity Energy.</p>	<p>20 min.</p>		
	<p>Evaluation</p>	<p>20 min.</p>		

COURSE DESCRIPTION

TITLE OF CE ACTIVITY: Spiritual AA Program for Medical Holistic Healer Continuing Education for Nurses

DI-473: Agni Yoga Meditation and Mental relaxation

Part 3

24 contact hours (1200 minutes)

Objectives	Content (Topics)	Time Frame	Faculty	Teaching/Learning Strategies
Upon completion of this CE activity, the participant will be able to:				
1. Distinguish the safe practice of visualization and meditation.	a. Visualization is the process of synthatic understanding. b. Meditation to be aided by creative imagination and pictorial visualization. c. The healer must try visualize different symbols at different times and visualize the symbol in different colors and each represent a healing virtue to heal the patient.	200 min.	Ribhi M. Kalla Ph.D., D.D. Is the spiritual teacher for all content in the entire course	Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
2. Examine the twelve stages of purification and illumination of the vehicles.	The 12 stages of purification and illumination: 1.The Healer must realize, learn and practice that she is not the physical body. 2. And not the emotional body. 3. And not the mental body. 4. The next nine stages the healer need to learn to develop the nine petals of the chalice the hall of wisdom. 5. Purification of the personality and the development of the chalice will create a very powerful divine healing energies to serve the patient.	200 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
3. Review the danger of unsafe meditation.	a. Meditation is dangerous to the healer who practice it without purification. b. Meditation is dangerous to the healer where there is the wrong motive such as desire for personal growth and for the spiritual powers. c. It can increase illusions, pride, glamorous, maya and expand disease in the healer and the patient.	200 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
4. Discuss the effects of unsafe meditation.	a. Mediation is dangerous when the desire to serve a soul is lacking. b. It can over stimulate the chakras and produce disease to the glands and its members. c. Thoughts are genuine radiation of great Cosmic Laws, plans, and purposes behind created existence and must be use wisely from the soul level of the healer to the patient.	200 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
5. Illustrate seven techniques for unfolding the patients consciousness.	a. Hatha yoga, the most ancient yoga. b. Laya yoga and Kundalini yoga. c. Bhakti yoga, Mantra, Shiva and Asparsha yoga. d. Karma yoga. e. Jnana yoga. f. Raja yoga and Samadhi yoga. g. Agni yoga the most recent and the most advanced and the safest yoga.	360 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
6. Meditation at the end of Sunday session.	Healing with Discrimination Energy.	20 min.		
	Evaluation	20 min.		

COURSE DESCRIPTION

TITLE OF CE ACTIVITY: Spiritual AA Program for Medical Holistic Healer Continuing Education for Nurses

DI-473: Agni Yoga Meditation and Mental relaxation

Part 4

24 contact hours (1200 minutes)

Objectives	Content (Topics)	Time Frame	Faculty	Teaching/Learning Strategies
Upon completion of this CE activity, the participant will be able to:				
1. Describe how to holistically heal oneself from negative forces.	a. Find the right teacher with the right teaching for the healer. b. Study and practice purification of the personality. c. Learn and practice the science of safe, healthy meditation and practice it. d. Practice daily self observation and virtues. e. Develop the Soul qualities and serve the Soul of humanity as healer through the patient.	360 min.	Ribhi M. Kalla Ph.D., D.D. Is the spiritual teacher for all content in the entire course	Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
2. Describe how to build an energy shield around the aura.	The protective energy shield around the aura of the healer will gradually develop after many years of holistically heal oneself from the negative forces, practice all the above wisdom, as guided by a wise teacher.	180 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
3. Discuss the science of safe group healing meditation.	a. Group meditation is the process forming a united channel for receiving Light, Love and Will Power and radiating as healing energy by the healer. b. Group meditation and group healing service are like a symphony; they are the finest result of the soul, harmonized with the healer and the patient soul. c. In group meditation the fire of the healer heart pulsates, radiates and embraces the heart of the patient and heal with Love energy. d. Group meditation by the healer can adjust and assists in repairing the patient damage from the disease. e. The group meditation also helps the healer to check and correct motives, wipes selfish attitude, and stress away from the mind and the emotional vehicle. f. The healer can replace negative thoughts, chaos, and depression with the Love, Joy and Beauty through meditation.	180 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.
4. Analyze the effects of the monthly full moon cycles on the healer and the patient.	a. Full moon cycles bring powerful energies and expand the positive focus in the healer and the patient, this will expand health. b. Create negative forces in the patient's bodies (physical, etheric, emotional and mental, if her personality is not purified, this will expand disease.	180 min.		Lecture, handout, workshop. Including discussions, group exercises and exchange of information.

COURSE DESCRIPTION

<p>5. Review the steps the healer can take to assist the patient at full moon period.</p>	<p>a. The healer must recognize the Law of cause and effect. b. Correct diagnoses of the disease by competent physician. c. Believe in the immediate Law of karma. d. Healing might be sometimes detrimented from the Soul point of view. e. Active cooperation of the healer and patient. f. The patient accept whatever the healers Soul provide in healing. g. Both healer and patient to express complete harmlessness. h. The patient willingness to eliminate her thoughts and desires which could hinder healing energies of the healer. i. The capacity of the healer and the patient to integrate into one soul.</p>	<p>260 min.</p>		
<p>6. Meditation at the end of Sunday session.</p>	<p>Healing with Enthusiasm Energy.</p>	<p>20 min.</p>		
	<p>Evaluation</p>	<p>20 min.</p>		